

It's a Great Life in Our Neighborhood



News from Under the Elms

Elmhurst, The House of Friendship

MARCH 2017 - Vol. 17 - Issue 3

We Welcome Winter's Weird Warm Weather

It may be winter, but we picnicked like it was July in February. Hot dogs, burgers and more, plus dexterity games and smores around the patio fire pit made for a perfect 60 degree afternoon. Betsy Higgins and Rose Saines enjoy gooey smores, above.



Enjoying our winter picnic lunch are, from left, Blanche Wakim, Bernadene Harris, Blanche Musilli, and Gladys Van Horne.



Alisha Boston and Melissa Mansuetto toast giant marshmallows for yummy smores. Below, Maggie Ryan toasts with an ice cold root beer during our winter games.



We had a ball on the patio in February!



**Kroger
Treats Us
to
Valentine
Balloons
*Thanks!***



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*Jamie's
Corner*

Jamie Crow
Executive
Director

According to the calendar, March is *Employee Spirit Month*.

Elmhurst employees deserve a salute for the generous, caring spirit they bring to their jobs every day. They amaze me! We have a wonderful spirit of purposeful caring permeating Elmhurst every day.

Speaking of amazing, I hope everyone will *Amaze Us* by giving to Elmhurst at the May 2 Amazing Raise. We've been a non-profit serving seniors for 127 years and welcome your donations. Thank you.

Board president Mike Barickman and his wife, Sarah, are building a committee for the July 29 fundraiser. It's going to be exciting.

The outdoor furniture will return in April. Yay! - *Jamie*

Walking for Fitness: It's a Good Thing



In its 'Healthy Living for Seniors' section, the following is noted by the Mayo Clinic:

It's not how fast you walk but how far you go that counts when it comes to fitness over 50. Walking is good not only for your physical health but for your mental well being as well. Taking a nice leisurely stroll with a good friend or furry pal can do wonders for reducing stress and refreshing your mental clarity and has a way of putting emotional upheavals into perspective concerning life.

Walking is good exercise if you do it (with) consistency. It can stimulate endorphins and help to get the blood flowing as it exercises your heart muscle. Walking plain 'feels good.'

March Birthdays

Residents

Blanche Wakim	Mar. 10
Geneva Wright	Mar. 15
Doris Harvilla	Mar. 17
Elvira Dague	Mar. 22
Thelma Scott	Mar. 22

Staff

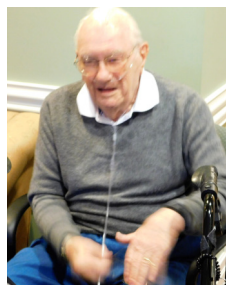
Kassidy Conkel-Koval	Mar. 20
Kathy Rohm	Mar. 30



We Welcome New
Resident
Margaret Detar



Naomi Hupp



Henry Hupp



Rose Saines



Marcy Porter



Betsy Higgins



Dot Miller



Lorena Ketterman



Rachael Davis



Maggie Ryan



Dorothy Sullivan

Residents Share Their Talents, Tales, & Treasures at Topics

February Scrapbook...Wow! Busy!

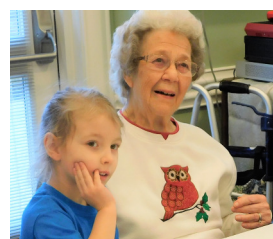
Honkytonk Sweethearts Wow Us with Great Music



We enjoyed a wonderful evening of music when the Honkytonk Sweethearts' trio joined us just in time for Valentine's Day. From classic country to good old rock'n roll, they wowed us!



St. Mike's TK Class Valentine Visit




Right-at-Home Paint-a-Bird Afternoon Our friends at Right-at-Home guided us as we learned to paint a bird. Our individual styles are evidence below. Everyone's an artist in her own way. Thanks for sharing your time with Elmhurst.





We Visit Good Mansion Wine Shop

Enjoying a trip to the Good Mansion Wine shop in East Wheeling are, from left, Emily Shrut, Lorena Ketterman, Shirley Milton, Laura Wakim, Jamie Crow, executive director, and Rachael Davis. Wonderful treat for the senses with good wines, breads, pastries, and so much more. Fantastico!

March Is National Women's History Month 

In Memoriam

Elmurst gratefully appreciates the following contributions in memory of **Mary Eleanor Colvin**

- Anonymous
- Sally Helms
- Mary Beth Hughes
- Anne Lamb & Family
- Edna Rice Barger
- Henry & Naomi Hupp
- Eleanor Peyton
- Janet Carenbauer
- Dr. Frank & Anita Carenbauer
- Florence Huls
- Shirley Milton
- Marcia B. Opalewski
- Nancy Clarke & Bradford Clarke
- Perry & Associates, CPAs, A.C.
- William & Ann McCormick
- Jay Frey & Michael Hires

An Anonymous contribution was received for the Goldie Fund.



March Activities' Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Exercise 10 am Monday Wednesday Thursday	Transportation Tuesday/Friday 8:30-4:00 Wednesday 8:30-Noon	Social Hour Wednesdays 3:45-4:45 3rd Floor Activity Rm.	1 1:30-3:00 BINGO	2 1:30-3:30 Shopping at The Highlands	3 KOFFEE KLATCH 10 am 2nd Floor Activity Room 2:00-3:30 MOVIE	4 6:30-8:30 Saturday Night Movie
5 6:30-8:30 "DOWNTON ABBEY"	6 Assigned Seating 1:30-3:00 BINGO 6:30-7:30 ROZAND LYNN	7 Chair Yoga 10 am Game Show Fun 2:00 MPR	8 1:00 ACTIVITY DOLLAR STORE 2:00 Pastor Willits Sing-a-Long	9 Brunch 12 Noon 1:30 Wgh. Island Casino	10 Sweets with Jamie 10 am Living Room 2:00 Winter Stretch/Wii	11 6:30-8:30 Saturday Night Movie
12 6:30-8:30 "DOWNTON ABBEY"	13 Free Seating 1:30 USA Hearing MPR	14 Chair Yoga 10 am 2:00 Winter Stretch/Wii MPR 3:00 Balloon Tennis MPR	15 2:00 Topics  The Later Gator Story Susan Haddad, Owner	16 2:00 Performance by Dennis Moreau MPR	17 Noon St. Pat's  Celebration, Dining Room 2:00 Movie	18 6:30-8:30 Saturday Night Movie
19 6:30-8:30 "DOWNTON ABBEY"	20 FIRST DAY OF SPRING Assigned Seating Birthday Lunch 11:30	21 10:00 Chair Yoga & 2:00 Game Show Fun MPR	22 1:30 Making Hand Scrub Fun	23 1:30 Our \$\$ Store 5:00 - 7:00 Elegant Evening	24 10:00 Koffee Klatch 2:00-3:00 Spring Stretch/Wii MPR	25 6:30-8:30 Saturday Night Movie
26 6:30-8:30 "DOWNTON ABBEY"	27 Free Seating 1:30 BINGO 1:30 Shop OV Mall	28 10:00 Chair Yoga MPR 2:00 Spring Stretch/ Wii MPR	29 1:30 Painting with Right at Home MPR 	30 2:00-3:00 Roundtable MPR	31 2:00 Left Center Right	BIBLE STUDY Thursday 4:00 Exercise Room Protestant Minister Communion first Thursday of the Month <hr/> Shanghai: Every Wednesday 6:15 pm <hr/>

MPR Means: MULTI-PURPOSE ROOM